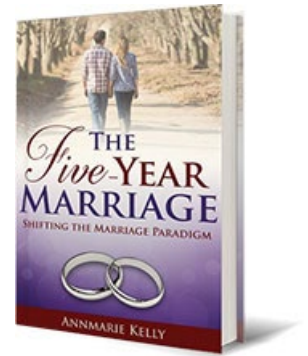


Annmarie Kelly

THE FIVE-YEAR MARRIAGE: WHAT IT IS...AND ISN'T



The Five-Year Marriage® is...**EMPOWERING**

- You each have your own voice, stay in control of your life and lend that strength to your partnership, as a couple.

The Five-Year Marriage® is not...

- Giving up your personal power for the sake of the marriage and getting stuck in a cycle of deep-rooted, old-school, or outdated customs – and staying there until you're dead.

The Five-Year Marriage® is...**AGILE**

- Life moves fast and change is around every corner. The Five-Year Marriage® is flexible so you can adapt to life's changes quickly, stay present, and not miss "the good stuff."

The Five-Year Marriage® is not...

- Being trapped in the obsolete roles and outdated routines, typical of traditional marriage, that make couples feel unfulfilled.

The Five-Year Marriage® is...**CLARITY & COMMUNICATION**

- It's a message-based relationship for managing married life and personal changes with honesty, flexibility and shared accountability.

The Five-Year Marriage® is not...

- Inarticulately zigzagging through old-fashioned solutions or passé standards of conventional marriages

The Five-Year Marriage® is...**EQUAL PARTNERSHIP**

- Paying attention to mutual fairness and rooting as much for your partner as you do for yourself, resulting in sharing and managing everyday responsibilities together.

The Five-Year Marriage® is not...

- Sitting on the sidelines while your partner gets ahead, or gritting your teeth through one-sided deals and unspoken agreements.

The Five-Year Marriage® is...**INTERDEPENDENT**

- Working as a team, you know you can count on each other to balance your dual needs; you have each other's back. with a feeling of security resulting in increased sense of self-worth and growth for each partner

The Five-Year Marriage® is not...

- Either partner taking a back seat, or being self-sacrificing and unfairly burdened with responsibilities or childcare.

The Five-Year Marriage® is...**FOCUS**

- Having a clear joint purpose toward mutually agreed and written relationship and personal goals. Utilizing a format for staying on course while paying attention to life's demands.

The Five-Year Marriage® is not...

- Checking marriage off your own to-do list after the wedding and then shifting focus away from the partnership to other interests.

The Five-Year Marriage® is...**MUTUAL ACCOUNTABILITY**

o Agreeing on a variety of topics from money and budgets to who's taking out the trash, putting it in writing, (saying what you'll do) and doing what you say.

The Five-Year Marriage® is not...

- Policing or parenting to make sure your partner follows through on a spoken/written commitment

The Five-Year Marriage® is...**SHARED RESPONSIBILITY**

- It is recognizing that you're on the same team, walking side-by-side, alternating handoffs for work and personal goals so nobody gets left behind.

The Five-Year Marriage® is not...

- One partner consistently backburning their own needs and desires indefinitely for the sake of the other.

The Five-Year Marriage® is...**HEALTHY BOUNDARIES**

- Clearly defining personal rules with each other so both feel honored, respected, and "at home" with each other.

The Five-Year Marriage® is not...

- One-sided demands that dominate, pressure, or intimidate.

The Five-Year Marriage® is...**EMOTIONAL SAFETY**

- Feeling safe, comfortable, secure, and protected when speaking your mind and sharing your feelings within the relationship – even (and especially) when your partner disagrees

The Five-Year Marriage® is not...

- Always needing to be right or feeling the need to regularly defend your thoughts, feelings, or opinions

Hi, I'm Annmarie Kelly.

Over my career as an author, empowerment speaker, radio host, and victory strategist, I've had the pleasure of being able to help and empower many women. Now, I'm offering much-needed advice to engaged and married couples who are looking for an alternative to traditional marriage. If you want to learn more about how The Five-Year Marriage® can offer you the advice you and your partner have been looking for grab a copy from Amazon today!



<https://www.amazon.com/Five-Year-Marriage-Shifting-Paradigm/dp/0974603724?tag=optg6-20>